



2019 Camden Seniors Lifestyle Directory

A comprehensive booklet with handy local contacts



About This Guide

This guide has been compiled by Camden Council for older people living in the Camden Local Government Area. The guide aims to increase community awareness of services and resources available in the area for older residents.

Services listed are either located in the Camden Local Government Area and/or service this area. For further information on the services listed, please contact the service directly on the number provided.

Every effort has been taken to ensure this directory is accurate, however for further suggestions or enquiries about the guide, please contact Camden Council's Community Project Officer, Aged Services on (02) 4654-7777 or mail@camden.nsw.gov.au

Additional guides can be obtained from Camden Council's Community Project Officer, Council's Customer Service Centres or by visiting the Council's website at:

www.camden.nsw.gov.au

(Community, Support, Older People)

Camden Council would like to thank Macarthur and South West Sydney Home and Community Care and local community organisations for their contributions.

Note: The information provided in this guide has been supplied through our online Community Directory, Macarthur Home and Community Care (HACC) or by individual service providers. No guarantee can be given as to its accuracy and all details are subject to change without notice. Inclusion of a service in this guide does not imply endorsement.

Commonwealth Home Support Program (CHSP) Services

The new CHSP provides entry level services.

The objective of the program is to enhance the independence of frail aged people, younger people with disabilities and their cares, in order to avoid their premature admission to long term residential care.

CHSP services can provide assistance so older people can continue to live safely in their homes rather than move into other accommodation, like a nursing home or hostel. Services include:

- Food Services
- Domestic Assistance and Personal Care
- Home maintenance and Modification
- Home Laundry and Linen
- Gardening or Lawn Mowing Service
- Community Transport
- Respite Care
- Day Care Centre
- Social Support Services and Neighbour Aid
- Community Options
- Corer's Support
- Dementia Services
- Nursing
- Allied Health
- Occupational Therapy/Physiotherapy
- Podiatry
- Assistive Technology

For more information phone My Aged Care on 1800 200 422



Important Numbers

INFORMATION PROVISION		
Camden Council	Community Project Officer	4645 5020
Home and Community Care (HCC)	HACC Development Worker	1800 200 422
Emergency		
Fire, Police and Ambulance	Emergency Number	000
Ambulance	Camden	4655 1481
Police	Narellan	4632 4499
State Emergency Service (SES)	Macarthur	132 500
Hospitals and Health Care		
Camden Hospital	Menangle Road	4634 3000
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Assessments and Referrals		
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Integral	Gas and Electricity	1300 957 721
Sydney Water	Water	132 092
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Seniors Information Service	Aged Services	137 788
Commonwealth Carelink Centre	Aged Services	1800 052 222
Aged Care Information Line	Aged Services	1800 200 422
Carer Respite Centre	Respite Service	1800 242 636
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Accommodation and Community Centres

Retirement Villages

Baptist Care Village

- Phone: 02 4648 7170
- Address: 49 Lodges Road, 'Elderslie
- Website: www.baptistcare.org.au
- Email: macarthursite@baptistcare.org.au
- Description: Village self-care accommodation & support services for older people.
- Fees: Yes
- Disability Access: Yes

Baptist Care Community Services

- Phone: 02 4658 1040
- Address: 49 Lodges Road, Narellan
- Website: www.baptistcare.org.au
- Email: macarthursite@baptistcare.org.au
- Description: Day activities, Neighbour aid, phone link, carer support, village accommodation for older people.
- Hours:
Seniors Day Activity
Tuesday, Wednesday and Thursday
10am - 1.30pm.
Corer Support
Every second Tuesday of the month
12pm - 1.30pm.
- Referral: General practioner or self-referral

(Aveo) Camden Downs Retirement Village

- Phone: 02 4655 1632
- Address: 31 Crookston Drive, Camden
- Website: www.aveo.com.au
- Description: Self-care accommodation for older people.
- Public Transport: Bus service at front entrance
- Disability Access: Yes (Wheelchair)

Carrington Centennial Care Ltd.

- Phone: 1300 590 590
- Address: 90 Werombi Road, Grasmere 2570
- Website: <https://carringtoncare.com.au/>
- Email: customerservice@carringtoncare.com
- Description: Aged care provider, residential high and low care, dementia specific care,

- retirement village and community care.
• Eligibility: From 55 years.

Anglicare- Oran Park Retirement Village

- Phone: 1300 111 278
- Address: 2 Grice Street, Oran Park 2570
- Website: www.anglicare.org.au
- Email: oranpark@anglicare.org.au
- Description: Aged care provider offering full care, independent living with low and high care facilities.

Willowdale Retirement Village

- Phone: 1800 727 170
- Address: 245 Jamboree Avenue, Denham Court 2565
- Website: <https://www.stockland.com.au/retirement-living/nsw/willowdale-retirement-village/life-at-willowdale-retirement-village>

Wivenhoe Village

- Phone 1300 660 107
- Address: 6 Hollyhock Avenue
Cobbitty
- Website: www.wivenhoevillage.com.au
- Email: eoi@wivenhoevillage.com.au
- Description: Wivenhoe Village at Kirkham Rise is an independent living village set amongst 120 hectares of protected Cumberland Plain Woodland and is part of the new prestigious residential development of Kirkham Rise.
Wivenhoe Village offers all the benefits of a no hassle retirement without compromising privacy, independence or lifestyle
- Fees: Yes
- Disability Access: Yes (Wheelchair)
- Eligibility: Over 55's

Low Cost Accommodation

Camden House

- Phone: 02 4655 2511
- Address: 78-82 Old Hume Highway, Camden
- Website: www.kennedyhealthcare.com.au/high-health-care-facility/camden-nursing-home or <https://www.estiahealth.com.au/locations/camden>
- Description: Private hostel with 72 rooms for aged people.
- Hours: Mon-Fri 8.30am-4.30pm
- Eligibility: Assessed by ACAT Team
- Fees: Yes
- Public Transport: Bus stop close by
- Disability Access: Yes (Wheelchair accessible, toilets, bathrooms)



Seniors Housing Online

- Phone: 1300 135 500
- Website: seniorshousingonline.com

Nursing Homes

Camden Nursing Home Pty Ltd

- Phone: 02 4655 2531
- Address: 78-82 Old Hume Highway, Camden
- Website: www.kennedyhealthcare.com.au/high-health-care-facility/camden-nursing-home <https://www.estiahealth.com.au/locations/camden>
- Description: high quality, comfortable care with 104 beds for residents with high care needs.

Carrington Centennial Care Ltd

- Phone: 02 4659 0590
- Address: 90 Werombi Road, Grasmere
- Website: www.carringtoncare.com.au
- Email: info@carringtoncare.com.au
- Description: Aged care provider, residential high and low care, dementia specific care, retirement village and community care. Community bus available for residents only.

Community Facilities

Council Community Halls

Camden Council has a number of Community Facilities that are available for both regular and casual hire.

For more information please phone Camden Council on 02 4654 7777.

- Birriwa Reserve Clubrooms
- Catherine Field Community Hall
- Currans Hill Community Hall
- Harrington Park Community Hall
- Jack Nash Reserve Hall
- Narellan Community Hall
- Narellan Library- Community Meeting Rooms
- Gregory Hills Community Centre
- Oran Park Library- Community Meeting Rooms

Camden Council Civic Centre

- Phone: 02 4655 8681
- Address: Cnr Oxley & Mitchell Street, Camden
- Website: www.camdenciviccentre.com.au
- Description: Council owned community facility offering catered and self-catering facilities.
- Hours: Monday - Friday, 9am - 5pm

Services and Information

Carrington Community Care Services

- Phone: 1300 590 590
- Address: Carrington Hospital, 90 Werombi Road, Grasmere 2570
- Website: www.carringtoncare.com.au
- Email: customerservice@carringtoncare.com.au
- Description: Support for older people to enable them to stay in their own home as long as possible.
- Hours: Monday - Friday, 8am - 4.30pm
- Referral: ACAT assessment required
- Public Transport: Bus and community bus from centre
- Disability Access: Yes

Sector Connect

- Phone: 02 4648 5933
- Address: 351 Welling Drive, Mount Annan
- Website: www.sectorconnect.org.au
- Description: Peak community organisation offering information, advocacy, training, support & service development. Training room available for hire by community groups and non-profit organisations.
- Disability Access: Yes (Ramp to door, toilets)

Camden Senior Citizens Centre

- Phone: 02 4655 8941
- Address: 65 John Street, Camden
- Description: The centre offers a leisure group for older persons with activities that include indoor sports, regular coach trips, theme dinners, fun dances and art classes. Room for hire.
- Disability Access: Yes (Wheelchair access front door only, disabled toilet)

Camden Visitor Information Centre

- Phone: 02 4658 1370
- Address: John Oxley Cottage, Camden Valley Way, Elderslie
- Website: www.camden.nsw.gov.au
- Description: Information about services, facilities, events & attractions in the Camden and Macarthur area
- Hours: 7 days a week, 9.30am - 4pm

Macarthur Centre for Sustainable Living

- Phone: 02 4647 9828
- Address: 1 Mount Annan Drive, Mount Annan
- Website: www.mcsl.org.au
- Email: info@mcsl.org.au
- Description: Open to community groups, businesses and others who are looking for a venue with a difference. Powered exclusively with solar photovoltaic cells; collecting and using all its own rainwater and recycling all wastewater onsite.
- Disability Access: Yes (Ramp, toilets)
- Hours M-F 9am-4pm , Sat 10am-4pm

Big Yellow Umbrella

- Phone: 02 4647 1283
- Address: Narellan, Child, Family Community Centre, 16-24 Queen Street, Narellan
- Website: <http://www.yellowumbrella.org.au/>
- Email: info@camdenconnections.org.au
- Description: Provides information and resources to the Camden community. Co-ordinates community service groups, courses and activities. Provides fax service, photocopier & laminator for community use.
- Hours: Monday - Friday, 9am - 4pm

Assessment and Referrals

Aged Care Assessment Team (ACAT)

Macarthur Branch

- Phone: 1800 200 422
- Address: Camden Hospital, Cnr Broughton and Menangle Street, Camden
- www.agedcareconnect.com.au
- Description: Care and referral, assessment support services, assessment for residential care in hostel or nursing home

Life Designs formerly Macarthur Community Options

- Phone: 02 4645 4001
- Address: 16 Warby Street, Campbelltown
- Email: mcop@campbelltown.nsw.gov.au
- Description: Provides individual case management and tailors services to meet the client's needs. Community Options has funds to purchase appropriate services & equipment to meet individual needs of clients. Also provides 'ComPacks' which is a case-managed package of care for up to 6 weeks after discharge from hospital.
- Hours: Monday - Friday, 8.30am - 4.30pm

Narellan Community Health Centre

- Phone: 02 4640 3500
- Address: 14 Queen Street, Narellan
- Description: Community health services, podiatry, aged care team, speech pathology, counselling, primary health nursing, drugs & alcohol, diabetes education, sexual assault, hearing clinic, dental clinic (adult), palliative care, rehabilitation, health promotion and referrals.
- Hours: Monday - Friday, 8.30am - 5pm (except public holidays)

Commonwealth Home Support Programs (CHSP)

- Phone: 1800 200 422
- www.agedcare.health.gov.au
- www.myagedcare.gov.au
- Description: CHSPs provide an intensive home-based care program to frail aged clients to assist them to remain in their own homes.
- Assistance may be provided for all activities of daily living including bathing, transport and gardening.
- Hours Monday-Friday 8am-8pm
- Saturday 10am-2pm



Health

Addictive Behaviours

Alcoholics Anonymous

- Phone: 1300 222 222 or 4736-4594
- Website: www.aa.org.au
- Email: aa.bluemountainwesternsydney@gmail.com
- Description: Support for alcoholics. Friday meetings, 8pm are held at CWA Hall, 13 Cawdor Rd, Camden.
- Fees: No

GA (Gamblers Anonymous)

- Phone: 02 9726 6625
- Address: Salvation Army Church- Narellan Corps Cnr Exchange Parade and Narellan Road, Narellan
- Website: www.gaaaustralia.org.au
- Email: ga_nsw@hotmail.com
- Description: Support for Gamblers. Wednesday 7.30pm.
- Fees: No

Gambling Treatment Clinic – University of Sydney

- Phone: 1800 482 482
- Address: The University of Sydney 94 Mallet St Camperdown 2050
- Website: www.psych.usyd.edu.au/gambling_treatment_clinic
- Email: psychology.gte@sydney.edu.au
- Description: Individual face to face counselling for people with gambling problems and their families. For assistance outside our service hours, please contact the G-Line (NSW) problem gambling information, counselling and referral help line on 1800 633 635.
- Hours: Monday to Friday, 9am – 5pm (by appointment)

Breast screen

Breast Screen Greater Western Sydney - Macarthur

- Phone: 13 20 50
- Address: Mawson Centre 4 Browne St Campbelltown 2560

- Website: breastscreen.nsw.gov.au
- Description: Provides free breast screening for well women for the early detection of breast cancer. Especially targets women 50-69 years. Group bookings welcome.
- Hours: Monday - Friday, 9am - 5pm

Dementia Care

Macarthur Dementia Day Care and Support Service

- Phone: 02 4654 6123
- Address: 80 Broughton Street, Camden
- Email: elayne.armer@healthnow.gov.au
- Description: CHSP funded program to assist people who have a dementing illness to remain in their homes for as long as possible and to promote awareness of their special needs. Day respite: Monday-Friday Education program for carers and service providers re dementia and management.
- Hours: Monday - Friday, 8am - 5pm
- Fees: \$15 (includes transport and meal)
- Disability Access: Yes

Macarthur Dementia Advisory Service

- Phone: 02 4654 6123
- Address: 80 Broughton Street, Camden
- Description: Promotes dementia awareness within the community. Provides information and support to people with dementia and their families. Facilitates monthly carer support group.

Myrtle Cottage (HACC)

- Phone: 02 9426 3100
- Address: 6 Bosci Road, Ingleburn
- Email: info@myrtlecottage.org.au
- Description: Activities provided to provide stimulation for people with dementia. Respite, support and advice available to carers.
- Fee: \$10 (includes meal and transport)

Dental Care

After Hours Dental Services Contact Numbers

- Phone: 02 4625 3830
- Description: After hours dental emergency in Campbelltown

Denture Clinic

Phone: 02 4648 5473

Address: 270 Camden Valley Way, Narellan

Description: Free consultation for seniors, pension and veterans. Full and partial dentures. One day repairs and relines by appointment.

Camden Dentures

- Phone: 02 4655 6191
- Address: 44 Elizabeth Street, Camden
- Description: Same day denture repairs and relines. No referrals necessary.

Aesthetic Denture Clinic

- Phone: 02 4655 4438
- Address: Shops 22 and 23 Camden Village Court 180 - 186 Argyle Street, Camden
- Dentures and repairs. No referrals necessary
- www.aestheticdentures.com.au

Health Education and Support Groups

Narellan Community Health Centre

- Phone: 02 4640 3500
- Address: 14 Queen Street, Narellan
- Description: Community health services, podiatry, aged care team, speech pathology, counselling, primary health nursing, drugs & alcohol, Traxside Youth health, diabetes education, sexual assault, hearing clinic, dental clinic (adult), palliative care, rehabilitation, health promotion, referrals
- Hours: Monday - Friday, 8.30am - 5pm (except public holidays)
- Fees: No

Camden Stroke Recovery Club

- Phone: 0409 813 189
- Address: Meets at Narellan Library, cnr Queen and Elyard Streets, Narellan
- Email: dcrooks9@bigpond.net.au
- Description: Assists stroke survivors to make contact with others for peer support and companionship.
- Hours: Fortnightly on a Thursday from 10am - 1pm.



Camden Survivors of Breast Cancer

- Phone: 0404 802 533
- Address: Undercroft Room, Camden Civic Centre
- Website: www.camdensurvivorsofbreastcancer.org.au
- Email: info@camdensurvivorsofbreastcancer.org.au
- Description: Group meeting to offer support, friendship and fellowship. Family and friends also welcome.
- Hours: 4th Wednesday of the month from 7pm.

Medicines Line

- Phone: 1300 633 424
- Description: Independent and confidential information about medicines from a qualified pharmacist.
- Hours: Monday - Friday, 9am - 5pm

Vision Information Line

- Phone: 1300 847 466
- Description: information about vision impairment and blindness

Hearing Services

The Hearing Aid Clinic

- Phone: 02 4655 1648
- Address: 125 Argyle Street, Camden
- Description: accredited service able to provide free hearing services for eligible pensioners.

Hearing Solutions

- Phone: 02 4621 6300
- Description: All types of hearing aids. Pensioner services. Home visits.

Australian Hearing Visiting Centres

- Phone: 02 9600 6766
- Address: Community Health Centre, 14 Queen Street, Narellan



Macarthur Audiology and Hearing Services

- Phone: 02 4625 2224
- Description: All types of hearing aids, pensioner services

Home Nursing Services

South West Sydney Area Palliative Care Service

- Phone: 02 4654 3000
- Address: Camden Palliative Care Unit, Camden Hospital, Menangle Road, Camden
- Description: Care of people with a life-threatening illness, after hours service, free home visits. Volunteer work.
- Hours: Monday, Tuesday, Friday, 8.30am - 5pm

Narellan Community Health Centre

- Phone: 02 4640 3500
- Address: 14 Queen Street, Narellan
- Description: Community health services, aged care team, primary health nursing, palliative care, rehabilitation, health promotion, referrals
- Hours: Monday - Friday, 8.30am - 5pm (except public holidays)
- Fees: No

Macarthur Companion Services

- Phone: 0414 545 022
- Email: mcservices@optusnet.com.au
- Description: Private services that provides support for all appointments, family functions, social outings and personal care assistance where needed

Macarthur Area Health Ambulatory Care Service

- Phone: 02 4634 3000
- Description: Patients with minor ailments can be treated in the comfort of their own homes. The unit is based at Campbelltown and Camden Hospital.

Nurses2U

- Phone: 1300 551 338
- Website: www.nurses2U.com.au
- Description: Aged Care assistance in personal care, home help, transport & Nursing in the Macarthur area.

Hospitals

Camden Hospital

- Phone: 02 4634 3000
- Address: Menangle Road, Camden
- Description: An acute general hospital providing medical/surgical and maternity services (no delivery), a modern assessment/rehabilitation unit, palliative care service.

Campbelltown Private Hospital

- Phone: 02 4621 9111
- Address: 42 Parkside Crescent, Campbelltown
- Website: www.campbelltownprivatehospital.com.au
- Description: Private hospital providing a wide range of surgery, general medical, palliative care, day surgery, sleep study services.
- Fees: Yes
- Referral: Accredited medical practitioners and specialists.

Health Entitlements

Medicare - Camden

- Phone: 13 20 11
- Address: 16-22 Murray Street, Camden
- Website: www.humanservices.gov.au
- Description: Provides access to free or low-cost medical services.
- Hours: Monday - Friday, 8.30am - 4.30pm

Pharmaceutical Benefit Scheme

- Phone: 13 22 90
- Website: www.humanservices.gov.au
- Description: The Australian Government's Pharmaceutical Benefits Scheme (PBS) provides reliable, timely and affordable access to a wide range of medicines for all Australians.

Occupational Therapy

Aged Care and Rehabilitation Services

- Phone: 02 4654 6322
- Address: Camden Hospital, Menangle Road, Camden
- Description: Community based approach to enable individuals to live independently within their own homes. Staff members conduct home visits or arrange for individuals to visit the service for occupational therapy, physiotherapy, speech pathology or counselling services.
- Hours: Monday - Friday, 8am - 4.30pm
- Fees: No

Southern Cross Occupational Therapy

- Phone: 02 4647 5207
- Address: 15/70 Topham Road, Narellan
- Email: cath.stewart@bigpond.com
- Description: Occupational Therapy assessment and therapy- pediatrics-geriatrics, home assessment/modifications/equipment prescription.
- Hours: Monday - Thursday, 9am - 5pm
- Fees: Yes
- Disability Access: Yes

Southwest Wellness Centre

- Phone: 02 4647 1134
- Address: Unit 1/5 Exchange Parade Narellan
- Website: www.southwestwellness.com.au
- Description: Occupational Therapy, Physiotherapy, Podiatry, Dietician
- Hours: Monday - Friday, 5.30am-8pm, Saturday, 8am - 1pm

Physiotherapy

Aged Care and Rehab Services

- Phone: 02 4634 3000
- Address: Camden Hospital, Menangle Road, Camden
- Description: Community based approach to enable individuals to live independently within their own homes. Staff members conduct home visits or arrange for individuals to visit the service for occupational therapy, physiotherapy, speech pathology or counselling services.
- Hours: Monday - Friday, 8am - 4.30pm
- Fees: No

Argyle Physiotherapy Centre

- Phone: 02 4655 9477
- Address: 75 Broughton Street, Camden
- Website: www.argylephysiotherapy.com.au

Camden Physiotherapy Centre

- Phone: 02 4655 6129
- Address: 1/15 Hill Street, Camden
- Website: www.camdenphysio.com.au

Up n Go Physiotherapy

- Phone: 1300 982 859
- Address: 22 Broughton Street, Camden
- Website: www.upngophysiotherapy.com.au

Southwest Wellness Centre

- Phone: 02 4647 1134
- Address: Unit 1/5 Exchange Parade Narellan
- Website: www.southwestwellness.com.au

Food Services

Camden Meals on Wheels Inc

- Phone: 02 4655 6822
- Address: Unit 1, 18c Little Street, Camden
- Email: manager@camdenmealsonwheels.com.au
- Website: www.camdenmealsonwheels.com.au
- Camden Meals on Wheels is a not-for-profit charity that helps the over 65's in the Camden LGA
- Meals – nutritious meals delivered either chilled, hot or frozen. We also have delicious soups and deserts
- Social Support - both individual and in group environments.
- Transport - both individual (to medical appointments, shopping assistance, hairdressers etc. in the Camden LGA) and group transport.
- Hours: Monday - Friday, 8am - 3pm ex P/H.
- Volunteering – meal delivery, social support - individual and group, transport - individual and group, office assistance, flyer drops to houses and more
- Education – we often hold information talks from experts to help inform people e.g. chemists talking about medication, driving teacher, educating people on safe driving and road rules etc.

Home and Personal Care

Baptist Community Services - Macarthur Domestic Assistance

- Phone: 02 4658 0882, 02 4648 7111
- Address: 49 Lodges Road Narellan 2567
- Website: www.bcs.org.au
- Description: HACC funded program available to frail aged, elderly and people with a disability and their carers to assist with domestic assistance in their home.

Carrington Community Care Services

- Phone: 02 4659 0335
- Address: 90 Werombi Road, Camden
- Description: Support for older people to enable them to stay in their own home as long as possible.
- Hours: Monday - Friday, 8am - 4.30pm
- Referral: ACAT assessment required
- Public Transport: Bus and community bus from centre

Home Care Service of NSW South Western Sydney (HACC)

- Phone: 1800 200 422
- Description: Domestic assistance, personal care, in home respite.

Southern Cross Community HealthCare (HACC)

- Phone: 1800 989 000
- Description: Personal Care only

Veteran Home Care Program

- Phone: 1300 550 450
- Description: Domestic assistance, personal care, home and garden, maintenance

Aboriginal Home Care Unit

- Phone: 02 4633 2111
- Description: Personal care and domestic assistance

Home Library

Narellan Home Library Service

- Phone: 02 4645-5039
- Email Address: nllibrary@camden.nsw.gov.au
- Website: www.library.camden.nsw.gov.au
- Cnr Queen and Elyard St Narellan 2567
- Description: Home Library Service for

housebound people

Home Modification and Maintenance

Macarthur Home Modification and Maintenance Service

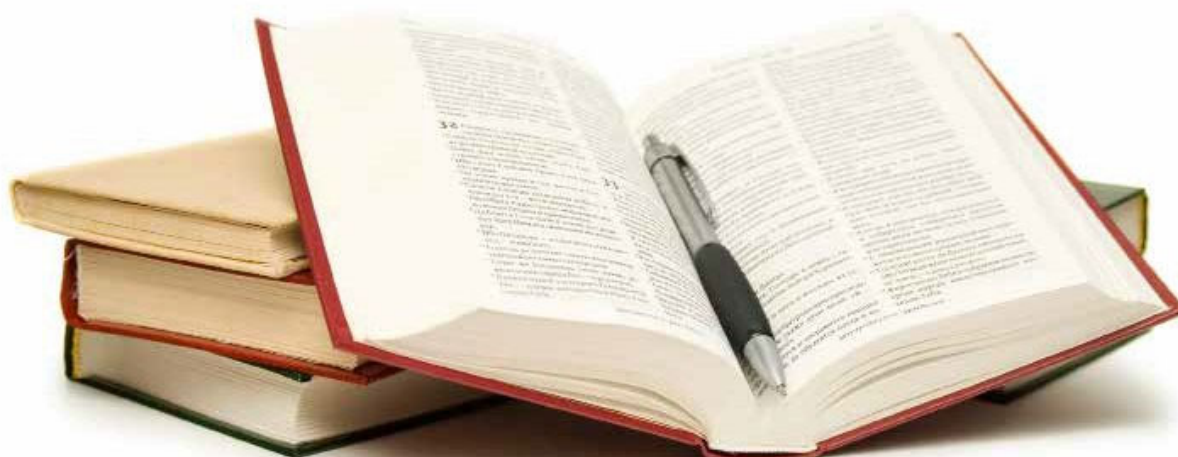
- Phone: 02 4655 3263
- Address: Camden Hospital, Menangle Road, Camden
- Website: www.sswahs.nsw.gov.au
- Description: HACC funded program that provides home modifications for frail aged and younger disabled people Also provides a lawn mowing service to frail aged and disabled people and Community Occupational Therapy assessments for residents of the South Western Sydney area.
- Hours: Monday - Friday, 8am - 4.30pm

Smoke Alarm Battery Replacement for the Elderly (SABRE) - NSW Fire Brigade

- Phone: 1800 151 614
- Website: www.fire.nsw.gov.au
- Description: Assists senior citizens in the maintenance of their fire safety devices, primarily their battery-operated smoke alarms.

Independent Living Centre

- Phone: 9912 5800
- Email: help@ilc.nsw.asn.au
- Description: Information about equipment, products and home renovations that can help older people remain independent.



Neighbour Aid

Baptist Care Community Services

- Phone: 02 4658 1040
- Address: 49 Lodges Road, Narellan
- Website: www.baptistcare.org.au
- Description: Day activity, neighbour aid, phone-link, carer support, village accommodation for older people.

People with a Disability

Physical Disability Service-Aged Care and Rehabilitation Service (ACARS)

- Phone: 02 4654 6174
- Address: Camden Hospital, Menangle Road, Camden
- Description: Community based approach to enable individuals to live independently within their own homes. Staff members conduct home visits, or arrange for individuals to visit the service for occupational therapy, physiotherapy, speech pathology or counselling services.
- Hours: Monday - Friday, 8am - 4.30pm
- Fees: No
- Disability Access: Yes

Respite and Support Groups

Carrington In-Home Support – “River Cottage”

- Phone: 02 4659 0335
- Address: Werombi Road, Camden
- Description: Respite for carers of frail aged and older persons with dementia living in the South West Sydney region. Provides in-house respite as well.

Reslink

- Phone: 02 4654 6157
- Address: Camden Hospital, Menangle Road, Camden
- Description: Provides in home respite and education programs for carers of people with dementia.



Macarthur In Home Respite Program

- Phone: 02 4654 6157
- Address: Level 1, Camden Hospital Menangle Road, Camden
- Description: In home monitoring service providing visits by staff to check the progress with the persons health, self-care and daily living tasks.

Transcultural Respite Service

- Phone: 1800 728 968
- Address: 1st Floor, Camden Hospital, Camden
- Description: Allows for the placement of bi-lingual workers in day centres to assist with the language and cultural needs of group members.
- Disability Access: Yes
- Languages (other than English): Spanish, Italian, German, Macedonian, Polish, Croatian, Serbian

Uniting Care Flexible Respite

- Phone: 1300 847 845
- Description: Flexible respite for frail aged and people with a disability.



Transport

Individual Transport

South West Community Transport Inc

- Phone: 1300 138 794
- Address: 10 Cary Grove, Minto
- Email: transport@swct.com.au
- Description: SWCT provides transport for the frail aged, people with disabilities and their carers. Destination is open, shops, hospitals, Doctors, day care, social outings etc. Individual Transport Service to meet individual needs
- Hours: 7.30am - 5pm

Baptist Care Community Services

- Phone: 02 4658 1040
- Description: Provides volunteers to assist clients with transport and to stay with them on the outing.

CADDI

- Phone: 02 4640 3500
- Address: Narellan Community Health, 14 Queen Street, Narellan
- Description: Support group for persons with chronic aches, disease, depression and isolation. Drop in to share coffee/tea and experiences with people who understand.

Community Linkline

- Phone: 02 9426 3100
- Description: provide support by sharing information, group discussion and telephone link ups

Paling Court and Mary MacKillop Hostel

- Phone: 02 4659 0590
- Address: 90 Werombi Road, Camden
- Description: short term care in subsidised aged care homes for people who are in temporary need of care.

Camden Meals on Wheels Inc

- Phone: 02 4655 6822
- Address: Unit 1, 18c Little Street, Camden
- Email: manager@camdenmealsonwheels.com.au
- Website: www.camdenmealsonwheels.com.au
- Camden Meals on Wheels is a not-for-profit charity that helps the over 65's in the Camden LGA
- Meals – nutritious meals delivered either chilled, hot or frozen. We also have delicious soups and deserts
- Transport - both individual (to medical appointments, shopping assistance, hairdressers etc. in the Camden LGA) and group transport.
- Hours: Monday - Friday, 8am - 3pm ex P/H.
- Volunteering – meal delivery, social support - individual and group, transport - individual and group, office assistance, flyer drops to houses and more

Minibuses

Camden Community Connections Community Bus (Big Yellow Umbrella)

- Phone: 02 4647 1283
- Address: Narellan Child Family Community Centre, 16-24 Queen Street Narellan
- Description: Twelve-seater community bus and Coach for use by community groups and organisations.
- Fees: Yes

Public Transport

Busabout

- Phone: 02 4631 4200
- Address: 49A Bluett Drive, Smeaton Grange
- Email: customerservice@busabout.com
- Website: www.busabout.com.au
- Description: Local bus service, service from Campbelltown - Camden and elsewhere throughout the Camden Council area. The Campbelltown - Wollongong bus service runs via the beach on weekends and school holidays. Also, school bus services in Camden and Campbelltown council areas.
- Hours: Office:
Monday - Friday, 7.30am - 5.30pm
Infoline: Monday - Sunday, 7am - 7pm
- Fees: Yes

Camden Council Community Bus

- 16-seater bus for hire by community group. Driver accreditation required
- Ph: 4654-7777 or mail@camden.nsw.gov.au

Macarthur Railway Station

- Phone: 02 4628 3285
- Address: Menangle Road, Campbelltown
- Website: <https://transportnsw.info/>
- Description: CityRail train services.
- Timetables Phone: 13 15 00

Campbelltown Railway Station

- Phone 4629-0721
- Address: Hurley St Campbelltown
- Website: <https://transportnsw.info/>
- Description: CityRail train services.
- Timetables Phone: 13 15 00

Leppington Railway Station

- Ph: 9765-1444
- Address: Rickard Rd Leppington
- Website: <https://transportnsw.info/>
- Description: CityRail train services.
- Timetables Phone: 13 15 00

Camden Taxis

- Phone: 02 4625 2922

Other Services

Budget Green slips

- Phone: 1300 369 022
- Address: Narellan Town Centre, Lower level, Narellan
- Description: Low price green slips public transport and fleet customers, water cartage for water tanks, airport charter and truck sales.
- Hours: Monday - Friday, 9.30am - 4.30pm
Saturday, 9am - 12pm

Services NSW incorporating RMS and other State Government Services

- Phone: 13 77 88
- Address: The Home Centre, Steer Road, Gregory Hills
- Website: www.services.nsw.gov.au
- Hours: Monday - Friday, 8am-6pm
Saturday, 8.30am - 3pm



Volunteering

Australian Red Cross Camden Club

- Phone: 02 4647 2318
- CWA Rooms, 13 Cawdor Road, Camden
- Description: Fundraising activities supporting world-wide Red Cross. Volunteers provide cosmetic care, disaster services, tele cross throughout Macarthur area.
- Hours: Meet 10.30am, 1st Tuesday monthly (except January)
- Fees: Contact for details

Volunteering Macarthur – Sector Connect

- Phone: 02 8203 9518
- 351 Welling Drive, Mount Annan
- Email: volunteering.@sectorconnect.org.au
- Web: www.sectorconnect.org.au
- Description: Volunteering Macarthur links people who are interested in volunteering with organisations looking for volunteers.
- Hours: Tuesday, Wednesday and Friday, 9am - 4pm

Camden Meals on Wheels Inc

- Phone: 02 4655 6822
- Address: Unit 1, 18c Little Street, Camden
- Email: manager@camdenmealsonwheels.com.au
- Website: www.camdenmealsonwheels.com.au
- Camden Meals on Wheels is a not-for-profit charity that helps the over 65's in the Camden LGA
- Meals – nutritious meals delivered either chilled, hot or frozen. We also have delicious soups and deserts

- Hours: Monday - Friday, 8am - 3pm ex P/H.
- Volunteering – meal delivery, social support - individual and group, transport - individual and group, office assistance, flyer drops to houses and more

Welfare Assistance and Support

Australian Red Cross Camden Club

- Phone: 02 4647 2318
- Address: CWA Rooms, 13 Cawdor Road, Camden
- Description: Fundraising activities supporting world-wide Red Cross. Volunteers provide cosmetic care, disaster services, tele cross throughout Macarthur area.
- Hours: Meet 10.30am, 1st Tuesday monthly (except January)

Country Women's Association of NSW - Camden Branch (CWA)

- Phone: 0419 638 733
- Address: 13 Cawdor Road, Camden
- Website: www.cwaofnsw.com
- Description: Concerned for the welfare of all women and children, for their rights, safety and health community development.
- Hours: Meets 10am, 3rd Tuesday monthly (except January)
- Eligibility: Female Only.
- Fees: Yes



Lifeline Macarthur

- Phone: 02 4645 7200
- Address: 13 MacPherson Road, Smeaton Grange
- Email: admin@lifelinemacarthur.org.au
- Website: www.lifelinemacarthur.org.au
- Description: 24-hour telephone counselling line - stress, relationships, loneliness, suicide etc., 13 11 14.
Financial and gambling counselling 02 46457247.
Furniture pickups 02 4646 1766.
- Hours: Monday - Friday, 9am - 5pm (office), 24 hours (counselling)

Legacy Widows Club of Camden

- Phone: 02 4655 9382
- Address: Camden RSL Club, Cawdor Road, Camden
- Website: www.camdenrsl.com.au
- Description: Support for legacy widows, monthly meetings, community service, social activities
- Hours: Meet 3rd Mon of month at 11am.

Legacy Torch Bearers

- Phone: 0419 638 733
- Camden RSL Club, Cawdor Road Camden
- Meet 11am, 4th Thursday monthly

St Vincent De Paul Macarthur

- Phone: 02 9820 9048
- Website: www.vinnies.org.au
- Description: Administration office for Homeless Persons Services in the Macarthur area. Operate refugees and housing programs.
- Hours: Monday - Friday, 9am - 5pm
- Referral: Yes - referral required from an agency

Please also see Community Services under Social Groups

Entitlements

Camden Council Rates Section

- Phone: 02 4645 5130
- Address: 37 John Street, Camden
- Email: mail@camden.nsw.gov.au
- Website: www.camden.nsw.gov.au
- Description: Persons in receipt of certain classes of pensions are eligible for a maximum rebate of \$250 on this year's Rates and Garbage Charges. Existing Pensioners will receive their Rate Notices with a rebate deducted.
- New pensioners are required to come into Council to fill out a form to claim the reduction, bringing with them their Pension Card and Rate Notice. The address of the property to be claimed must also be the mailing address stated on the pension card.
- Hours: Monday - Friday, 8.30am - 5pm
- Disability Access: Yes

Centrelink Camden

- Phone: 13 23 00
- Address: 16-22 Murray Street, Camden
- Website: www.humanservices.gov.au
- Description: Community services, pensions, family payment, migrant language assistance
- Hours: Monday - Friday, 8am - 5pm

Department of Veterans Affairs

- Phone: 02 9213 7489
- Description: Services, information and referral to entitled veterans their dependents and carers for Macarthur, Sydney South West regions.
- Contact: Toll free: 1800 555 254

NSW Seniors Card

- Phone: 13 77 88
- Mail: Locked Bag 16, Kingsgrove NSW 2208
- Email: info@service.nsw.gov.au
- Website: www.seniorscard.nsw.gov.au
- Description: The NSW Seniors card covers public transport in NSW only but may be used for another discounts Australia wide.
- Hours: Monday - Friday, 9am - 5pm

Welfare Rights Centre

- Phone: 02 9211 5389
- Email: national@welfarerights.org.au
- Website: www.welfarerights.org.au
- Description: An independent community legal centre specialising in Social Security and Centrelink law, policy & administrative practice. Provides free information, advice and advocacy.

Active Participation

Aqua fitness

Mount Annan Leisure Centre

- Phone: 02 4648 4830
- Address: Cnr Welling Drive and Narellan Road, Mount Annan
- Email: admin.malc@ymca.org.au
- Website: www.ymcasydney.org/mtannan
- Description: YMCA Aqua Aerobics is a low impact aqua fitness program for all abilities and ages.

Camden Swimming Pool

- Phone: 02 4655 8600
- Address: 43 Mitchell Street, Camden
- Email: admin.malc@ymca.org.au
- Description: Community outdoor swimming pool
- Hours: Monday - Friday, 6am - 8pm, Saturday - Sunday, (incl. public holidays) 10am - 6pm

Atlantis Aquatic Centre

- Phone: 02 4646 1699
- Address: Cnr Hartley and Orielton Roads, Smeaton Grange
- Email: info@atlantis-swim.com.au
- Description: 25 metres indoor swimming pool providing Aqua aerobics classes for seniors.

Narellan Swimming Academy

- Phone: 02 4647 4788
- Address: 18 Porrende Street, Narellan
- Email: info@hydrofit.com.au
- Website: www.hydrofit.com.au
- Description: Aqua fitness

Bowls

Camden Men's Bowling Club

- Phone: 02 4655 5783
- Address: 22 Cawdor Road, Camden
- Email: cmbc@camdenbowlingclub.com.au
- Website: www.camdenbowlingclub.com.au
- Hours: Tuesday, 1pm - 5pm, Thursday, 12.45pm - 5pm, Saturday, 1pm - 5pm
- Eligibility: Aged 13+ years. Male Only.
- Fees: Yes

Camden Women's Bowling Club

- Phone: 02 4655 5783
- Address: 22 Cawdor Road, Camden
- Email: cmbc@camdenbowlingclub.com.au
- Website: www.camdenbowlingclub.com.au
- Hours: Wednesday 9am - 2pm
- Eligibility: Aged 18+ years. Female Only.
- Fees: Yes contact for details



Kingpin Bowling Macarthur Square

- Phone: 13 26 95
- Address: LG1 Macarthur Square, Kellicar Road, Macarthur Square
- Website: www.kingpinbowling.com.au
- Description: Tenpin bowling fun for and seniors. Over 50's Sunshine Club on Friday, 2pm. Competitions and coaching available
- Hours: 7 days, 10am till late

The Pit- 50+ -Health and Wellness Club

- Phone: (0414)478383
- Address: 10/ 156 Hartley Rd Smeaton Grange
- Email: thepitmartialarts.com.au@gmail.com
- www.thepitmartialarts.com.au
- Socialization and Fitness for Active Seniors- Home to longevity senior services 50+fitness and social club

Cycling

Macarthur Bicycle User's Group (MacBUG)

- Phone: 02 4628 2528
- Website: www.macarthurbicycleusersgroup.websyte.com.au
- Email: mountaindevils@hotmail.com

Macarthur Collegians Cycling Club

- Phone: 0416 227 158
- Email: info@macarthurcycling.com.au
- Description: Weekly cycle racing. Summer location Bus stop opposite Caltex service station, Narellan Rd, Mt Annan. Racing starts 8am Sun 4th Feb 2007. During daylight savings - Wed 6pm. Winter - 6pm M7 bike track meet at McDonalds carpark Preston's.
- Hours: Summer hours 8am - 9am (Call to confirm winter hours)

Dancing

Camden Senior Citizens Club

- Phone: 02 4655 8941
- Address: 65 John Street, Camden
- Description: Social and line dancing

Gardening

Camden Garden Club

- Phone: 02 4658 0909
02 4655 7241
- Address: 8 Jamaica Park Road, Cobbitty
- Description: Group for those interested in gardening
- Hours: Meets 10am, 2nd Friday monthly

Australian Native Orchid Society Macarthur Group

- Phone: 02 4681 8589
- Address: Birriwa Community Hall, Fitzpatrick Street Mount Annan
- Website: www.anos.org.au
- Description: Group for people interested in Australian Native orchids, conservation, exhibitions, shows.
- Hours: Meet 7.30pm, 3rd Thursday monthly

Macarthur Australian Plant Society

- Phone: 02 4647 9928
- Address: Jack Nash Club Rooms - Nash Place, Currans Hill
- Description: Non-profit, voluntary organisation dedicated to the growing, conservation, preservation, promotion and appreciation of Australian native plants.
- Hours: Meet 7pm, 3rd Wednesday monthly
- Fees: Yes

The Australian Botanic Garden

- Phone: 02 4634 7900
- Address: Narellan Road, Mount Annan
- Website: www.rbgsyd.nsw.gov.au
- Description: Botanic gardens, hall seating 80, picnic areas, BBQ's, walking trails, children's playground, tours, visitor centre, plant sales, restaurant.
- Hours: 7 Days, 8am - 5pm (Autumn, Winter, Spring)
8am - 7pm (Summer)

Camden Town Farm

- Phone: 0447 485 600
- Address: 40 Exeter St Camden
- Website: www.camdentownfarm.com.au
- Email: info@camdentownfarm.com.au
- Description: Town Farm is a unique green space on the flood plain surrounding Camden. Farm is owned by Camden Council and managed by a Council

Community Committee made up of local community volunteers

Camden Community Gardens

- Phone: 0410 651 549
- Address: 40 Exeter St Camden
- Website: <http://www.camdentownfarm.com.au/community-access/camden-community-gardens>
- Email: camdencommunitygarden@gmail.com
- Description: Camden Community Gardens are run by the Camden Town Farm Community Gardens Assoc. Inc. For further information www.camdencommunitygarden.blogspot.com.au

Gentle exercise/Gyms

Mount Annan Leisure Centre

- Phone: 02 4648 4830
- Address: Cnr Welling Drive and Narellan Road, Mount Annan
- Email: admin.malc@ymca.org.au
- Description: Heated Indoor Pool, 10 lane, 25m Swimming Pool, Aqua aerobics, Pilates, Seniors Classes.
- Hours: Monday - Friday, 6am - 9pm, Saturday - Sunday, 7am - 7pm, (Daylight savings) 8am - 6pm (Winter hours)
Gym: Saturday - Sunday, 8am - 1pm

Plus, Fitness

- Phone: 02 4655 2499
- Address: 64 Argyle Street, Camden
- Web: plusfitness.com.au
- Description: Body Balance and Over 50s Classes. Low impact classes for seniors to introduce the health benefits of regular exercise. Tea and refreshments afterwards.

Narellan Pilates Studio

- Phone: 02 4648 4235
- Address: Unit 8/38 Exchange Parade, Narellan Business Park
- Description: Individually tailored Pilates programs for all ages.

Curves Camden

- Phone: 02 4655 7702
- Address: 4/82 Argyle St Camden
- Website: www.curves.com.au
- Description: The Curves women's fitness centres Camden allows you to achieve a complete aerobic and strength training workout in just 30 minutes.

Golf

Camden Golf Club Ltd.

- Phone: 02 4646 1203
- Address: 50 Lodges Road, Narellan
- Email: camden@camdengolfclub.com.au
- Website: www.camdengolfclub.com.au

Camden Lakeside Country Club & Lakeside Centre

- Phone: 02 8777 1000
- Address: 50 Raby Road, Catherine Field
- Email: info@camdenlakeside.com.au
- Website: www.camdenlakeside.com.au

Camden Valley Golf Resort

- Phone: 02 9606 5301
- Address: 810 Camden Valley Way, Catherine Fields
- Website: www.countryclubcv.com.au

Leisure Groups

Camden Active Seniors Program

- Phone: 0409 124 779
- Address: Camden Senior Citizens Centre, 65 John Street, Camden
- Description: This group actively promotes physical activity for the over 50's, it initiates new opportunities for seniors e.g. walking groups, yoga, water exercise, gentle exercise, shot ball. Also acts as an advocacy group to reduce barriers to participation in physical activity for seniors. Meets at street address.
- Hours: Meets 2pm, 3rd Tuesday monthly

Camden District Activity Centre /IC Care NDIS

- Phone: 02 4654 6066
- Address: 82 Broughton Street, Camden
- Email: admin@camdendistrictcare.ngo.org.au
- Website: www.cdac.net.au
- Description: Centre Based Day activities for frail aged and aged with a disability. We provide day activities on Monday, Tuesday, Wednesday and Fridays including bingo, gentle exercise, outings and shopping and craft act.
- Hours: Monday - Friday, 8am - 3pm
- Eligibility: Aged 65+ years.

Camden Senior Citizens Association Inc

- Phone: 02 4655 8941
- Address: 65 John Street, Camden
- Description: Leisure group for older persons. Includes indoor sports, regular coach trips, theme dinners, fun dances and art classes. Fun dance 1st Wed of month, art class each Friday morning.
- Eligibility: Aged 50+ years.



National Parks Association of NSW Inc - Macarthur Branch

Phone: 02 4634 1359

Website: www.npamacarthur.com.au

Description: Statewide and local environmental issues, bushwalking and associated activities including canoeing, clean up days, flora and fauna studies on field trips. Activities for all ages.

Hours: Meets 7.30pm - 9.30pm, 2nd Wednesday monthly

Tennis

Camden District Tennis Association Inc.

- Phone: 02 4655 6096
- Email: info@tenniscamden.com.au

South Camden Tennis Club

- Phone: 02 4655 8398
- Address: Ron Dine Reserve, McCrea Drive, South Camden
- Email: secretary@southcamdentennisclub.com.au
- Website: www.southcamdentennisclub.com.au
- Description: Day and night comps for men and women. Junior comps. Coaching available. Court hire available anytime - Contact Joyce.

Narellan Tennis Centre

- Phone: 0409 669 678
- Address: Richardson Road, Narellan
- Website: www.tenniscamden.com.au
- Description: Available for day and nighthire bookings

Harrington Park (John Mack) Tennis Courts

- Phone: 02 4645 5045
- Address: Off Sir William Fairfax Drive, Harrington Park
- Email: recreation.mailbox@camden.nsw.gov.au
- Description: Tennis courts situated adjacent to clubhouse and sports field.

Birriwa Reserve (Mount Annan) Tennis Courts

- Phone: 4645 5045
- Address: Fitzgerald Road, Mount Annan
- Email: recreation.mailbox@camden.nsw.gov.au
- Description: Tennis courts available for hire.
- Contact: Coaching 0410 635 811 or 0414 251 408

Catherine Field Tennis Courts

- Phone: 02 4645 5045
- Address: Cnr Chisholm Road and Catherine Field Rd, Catherine Field
- Email: recreation.mailbox@camden.nsw.gov.au

Glen Alpine Tennis Courts

- Phone: 0421 323 468
- Address: Cnr Heritage Way and Englorie Park Drive, Glen Alpine
- Description: Four tennis courts, rackets and balls for hire.

Leppington Tennis Courts & Oval

- Phone: 02 4645 5045
- Address: Cnr Byron Road and Heath Road, Leppington
- Email: recreation.mailbox@camden.nsw.gov.au
- Description: Tennis courts available for hire, keys can be collected after phoning for a booking. Wednesday mornings are busy. No night time tennis.

Walking Groups

Camden Just Walk It

- Phone: 0409 124 779
- Address: Nepean Cycleway (Camden Bike Track), Argyle Street, Camden
- Email: etmg@ozemail.com.au
- Description: This group walks every Tuesday for health and social interaction, to laugh and have fun! BBQ at Belgenny Reserve after the walk on the first Tuesday of each month. People of all backgrounds welcome.
- Hours: Meets 8.45am for 9am start every Tuesday (except Christmas Day)

Mount Annan Wanderers Walking for Pleasure Group

- Phone: 0409 124 779
- Email: etmg@ozemail.com.au
- Description: Walks every Friday at Mount Annan Botanic Gardens. No wheelchair access. People with a disability contact for details.
- Hours: Friday 8.30am



Day Excursions

Art Galleries

Camden Fine Art Gallery

- Phone: 0419 431 854
- Email: howardfineart@bigpond.com
- Website: www.camdenfineartgallery.com
- Description: Original paintings, pottery and crafts by local artists.

Boyd Fine Art Gallery

- Phone: 02 4648 2424
0410 611 400
- Email: rowan@boydgallery.com.au
- Description: A unique collection of fine arts for decorative and investment purposes.

Alan Baker Art Gallery

- Phone 4645-5191
- Email: alanbakerartgallery@camden.nsw.gov.au
- Address: 37 John St Camden
- The Alan Baker collection represents a colourful portrayal of an artist's life in 20th century Australia and tells a story of life, Australian tradition, culture and artistic journey
- Opening Hours: 11am-4pm- Thursday-Sunday (inclusive).

Gardens and Vineyards

The Australian Botanic Garden

- Phone: 02 4634 7935
- Address: Narellan Road, Mount Annan
- Website: www.rbg Syd.nsw.gov.au
- Description: Botanic gardens, hall seating 80, picnic areas, BBQ's, walking trails, children's playground, tours, visitor centre, plant sales, restaurant.
- Hours: 7 Days, 8am - 5pm (Autumn, Winter, Spring)
8am - 7pm (Summer)
- Fees: Yes
- Disability Access: Yes

Gledswood Homestead Winery

- Phone: 02 9606 5111
- Address: Gledswood Homestead,
900 Camden Valley Way, Catherine Field
- Email: info@gledswood.com.au
- Website: www.gledswood.com.au
- Description: Farm activities, historic homestead tours, wine tastings, children's birthday parties, school excursions, function venue and weddings, Devonshire teas and conferences.
- Hours: Wednesday - Sunday, 10am - 5pm

Camden Estate Wines

- Phone: 02 4658 0110
- Address: 172 Macarthur Road, Camden
- Email: info@camdenestate.com.au

Historical Landmarks

Belgenny Farm

- Phone: 02 4655 6800
- Address: Elizabeth Macarthur Avenue, South Camden
- Email: belgenny.farm@trade.nsw.gov.au
- Website: www.belgennyfarm.com.au
- Description: Function centre, school excursions, heritage tours and open days throughout the year.
- Hours: Monday - Friday business hours and special days by appointment for tour groups, schools and community groups
- Fees: Contact for details
- Disability Access: Yes

Camden Park House

- Phone: 02 4655 8466
- Address: Elizabeth Macarthur Avenue, Camden
- Email: camdenparkinfo@gmail.com
- Website: <https://www.camdenparkhouse.com.au/>
- Description: Camden Park House is open to the public on the 3rd weekend in September and at other times for group tours by arrangement.

St John's Church

- Phone: 02 4655 1675
- Address: Menangle Road, Camden
- Email: office@camdenanglican.org.au
- Website: www.camdenanglican.org.au

Markets

Cobbitty Markets

- Phone: 0438 512 728
- Address: Cobbitty Public School, Cobbitty Road, Cobbitty
- Website: www.cobbittymarkets.com.au
- Description: 100 stalls offering a great variety of arts, craft, local produce and so much more...Lots of seating available and a delicious BBQ breakfast or lunch, Devonshire tea, a wonderful variety of delicious gourmet delicacies and home made treats.
- Hours: 8am - 1pm, 1st Saturday monthly (excluding January and February)

Camden Produce Markets

- Phone: 0477 224 881
- Address: 40 Exeter St Camden 2570
- Description: Camden Fresh Produce Markets have a variety of stalls selling the freshest local fruits and vegetables. Plants and other varieties of locally grown and produced products are also available.
- Hours: 7am - 12pm, Every Saturday

Museums

Camden Museum

- Phone: 02 4655 3400
- Address: 40 John Street, Camden
- Email: secretary@camdenhistory.org.au
- Website: www.camdenhistory.org.au
- Description: Camden Museum contains a wonderful collection of historical artefacts and memorabilia dating back to not only the first white settlers of the area but to some of the aboriginal inhabitants as well.
- Hours: Thursday - Sunday, 11am - 4pm.

Camden Museum of Aviation

- Phone: (0447)778020
- Address: 11 Stewart Street, Narellan
<http://www.camdenmuseumofaviation.com.au/>

Parks and Picnic Areas

Macarthur Park

- Phone: 02 4654 7777
- Address: Menangle Road, Camden
- Email: mail@camden.nsw.gov.au
- Website: www.camden.nsw.gov.au
- Description: Historic gardens, picnic area, playground.

Curry Reserve

- Phone: 02 4654 7777
- Address: Camden Valley Way, 'Elderslie
- Website: www.camden.nsw.gov.au
- Description: Under-cover picnic tables, gas BBQs, playground, cycleway, water play facility
- Disability Access: Yes

Jack Nash Reserve

- Phone: 02 4654 7777
- Address: Nash Place, Currans Hill
- Website: www.camden.nsw.gov.au

Fairfax Reserve

- Phone: 02 4654 7777
- Address: Sir Warwick Fairfax Drive, Harrington Park
- Website: www.camden.nsw.gov.au

Harrington Park Lakes

- Phone: 02 4654 7777
- Address: Royal George Drive, Harrington Park
- Website: www.camden.nsw.gov.au

Walkways

Nepean Cycleways

- Description: The Nepean River Cycleway runs between Argyle Street in the north and Martine Avenue in the South. The path is approximately 3.2km in length. Along the path you will encounter remnant bushland, native wildlife, the Nepean River, rest stops and picnic settings.

Harrington Park Cycleways

- Description: The Harrington Park on Road Cycleway runs through various streets in the suburb of Harrington Park, beginning from Murdoch Court in the West or Carlon Street in the East. There is also an off-road cycle and walking path amongst the open spaces of Harrington Park.

Camden R.S.L. Community Memorial Walkway

- Phone: 02 4658 0049
- Description: The walkway is 8.8km long (the distance from the beach front to the escarpment at Gallipoli). It starts and finishes at the Native Garden Memorial opposite Camden R.S.L. Club on Cawdor Rd, Camden



Education and Indoor Leisure

Adult Education

Macarthur U.3.A. Third Age of Learning Inc.

- Phone: 02 4658 1510
- Email: margmellor@yahoo.com
- Website: www.u3aonline.org.au
- Description: Ongoing education for retired or semi-retired people. Essentially learning for pleasure.
- Hours: Call to confirm
- Eligibility: Aged 50+ years.
- Fees: Yes. Contact for details.

Macarthur Community College

- Phone: 02 9826 6455
- Cartwright Public School, 7 William Drive, Cartwright
- Email: enquiry@macarthurcc.com.au
- Website: www.macarthurcc.com.au
- Description: Adult education courses from general interest to work skills. Courses run at High Schools from Fairfield to Picton
- Hours: Monday - Friday, 9am - 5pm (Enquiries)
- Fees: Yes

TAFE NSW - Campbelltown College

- Phone: 13 16 01
- Address: 181 Narellan Road, Campbelltown
- Website: <https://www.tafensw.edu.au/locations/south-western-sydney/campbelltown>
- Description: Vocational education and training institution providing vocational and prevocational courses.
- Hours: Monday - Friday, 8.30am - 5pm

Western Sydney University (WSU) - Macarthur Campus

- Phone: 1300 897 669
- Address: Narellan Road, Campbelltown
- Email: study@westernsydney.edu.au
- Website:
- Description: <https://www.westernsydney.edu.au/igher> education for students at undergraduate and postgraduate levels as well as a range of services for business industry and the community.
- Hours: Monday - Friday, 9am - 5pm

Narellan Community Health Centre

- Phone: 02 4633-0500
- Address: 14 Queen Street, Narellan
- Website: www.swslhd.nsw.gov.au
- Description: Health Education
- Hours: Monday - Friday, 8.30am - 5pm (except public holidays)
- Fees: No



Computing

Carrington Computer Club for Seniors

- Phone: 02 4655 6283
- Address: Carrington Retirement Village, 90 Werombi Road, Grasmere
- Email: cccs2570@internode.on.net
- Website: www.ccc4s.com
- Description: Provides stress free computer training and age group fellowship for Macarthur seniors. Approximately 12 training sessions in various I.T. subjects are conducted by knowledgeable volunteer fellow members each week.
- Hours: Meets 2ND and 4TH Wednesdays (1pm to 4pm)

Telstra Connected Seniors

- Website: <https://www.telstra.com.au/tech-savvy-seniors>
- Description: Telstra Connected Seniors has been created to assist older Australians learn about new technologies to enable them to use mobile phones and the internet with confidence. Grants are provided to eligible community organisations with a membership base comprised mainly of seniors, such as sporting clubs or bridge clubs.

Macarthur Community College

- Phone: 02 9826 6455
- Address: Cartwright Public School, 7 William Drive, Cartwright
- Email: enquiry@macarthurcc.com.au
- Website: www.macarthurcc.com.au
- Description: Adult education courses from general interest to work skills. Courses run at High Schools from Fairfield to Picton
- Hours: Monday - Friday, 9am - 5pm (Enquiries)



History Groups

Camden Museum

- Phone: 02 4655 3400
- Address: 40 John Street (Inside Camden Library), Camden
- Email: info@camdenhistory.org.au
- Website: www.camdenhistory.org.au
- Description: An interesting collection of objects, images & documents telling the story of Camden.
- Hours: Thursday - Sunday, 11am - 4pm
- Fees: No

Camden Area Family History Society Inc

- Phone: 02 4655 3400
- Address: Camden Library, 40 John Street, Camden
- Email: secretary@camdenhistory.org.au
- Website: www.camdenhistory.org.au
- Description: Promotes, encourages & assists the community in researching family history. Provides access to family & local history resources. Resources only available when Society volunteers are on duty. Meetings held at Family History Room, John St, Camden.
- Hours: Thursday - Friday, 10am - 3pm, Saturday, 9am - 12pm. Meet 7.30pm, 1st Tuesday monthly.

Camden Historical Society Inc

- Phone: 02 4655 3400
- Address: Camden Museum, 40 John St (behind Camden Library), Camden
- Email: secretary@camdenhistory.org.au
- Website: www.camdenhistory.org.au
- Description: Studies/collects/protects heritage of Camden district. Monthly meetings with guest speaker & supper. Operates Camden Museum
- Hours: Meets 7.30pm, 2nd Wednesday monthly (except January)

Libraries

Camden Library Service

- Phone: 02 4654 7951
- Address: 40 John Street, Camden
- Email: cdnlibrary@camden.nsw.gov.au
- Website: www.library.camden.nsw.gov.au
- Description: Lending & Reference service, Local Studies, Children's services (story times & holiday activities), Youth Library Services, Book discussion group, Home Library Service for housebound people, Community Information, Internet Training.
- Hours: Monday, Wednesday, Friday 9.30am - 5pm, Tuesday, Thursday 9.30am - 8pm, Saturday 9am - 12pm

Narellan Library Service

- Phone: 02 4645 5039
- Address: Cnr Elyard Street and Queen Street, Narellan
- Email: nlnlibrary@camden.nsw.gov.au
- Website: www.library.camden.nsw.gov.au
- Description: Lending & reference service, Family History, Local Studies, Children's services (story times & holiday activities), Youth Library Services, Internet Training, Community Information.
- Hours: Monday, Wednesday 9.30am - 8pm, Tuesday, Thursday, Friday 9.30am - 5pm, Saturday 9am - 3pm

Oran Park Library Service

- Phone: 02 4645 5645
- Address: 72 Central Ave Oran Park
- Email: oranparklibrary@camden.nsw.gov.au
- Website: www.library.camden.nsw.gov.au
- Description: Lending & reference service, Family History, Local Studies, Children's services (story times & holiday activities), Youth Library Services, Internet Training, Community Information.
- Hours: Monday, Wednesday 9.30am - 8pm, Tuesday, Thursday, Friday 9.30am - 5pm, Saturday 9am - 3pm

Literature

Camden Writers & Scribblers (CWS)

- Phone: 02 4655 6064
- Email: elepherd@tpg.com.au
- Description: Group for people of all ages interested in creative

writing.

- Hours: Meets 9.30am - 12.30pm, 1st & 3rd Tuesday monthly (Narellan Library)

Book Discussion Group at Camden Library

- Phone: 02 4654 7951
- Address: 40 John Street, Camden
- Hours: Meets 7.30pm, 3rd Thursday monthly

Camden Library Author Talks

- Phone: 4654 7951
- Address: 40 John Street, Camden
- Description: Day and evening talk by authors in the library. Check out Camden Library's website or call 4654 7951 for program of upcoming events.

Music Appreciation

Macarthur Singers Inc

- Phone: 0421 818 777
- Address: Carrington Village Hall, Werombi Road, Grasmere
- Email: info@macarthursingers.org
- www.macarthursingers.org
- Description: Performing a wide variety of sacred and secular choral music as well as popular vocal arrangements.
- Hours: Tuesdays, 7.30pm-10pm
- Fees: Yes

Photography

Macarthur Photographic Society

- Phone: 0423 647 742
- Address: Currans Hill Community Centre, Cnr Currans Hill Drive and Tramway Drive, Currans Hill
- Email: secretarympsinc@gmail.com
- www.macarthurphotographicsociety.org.au/
- Description: Conducts photographic competitions, outings and lectures for those interested in photography. Promotes photography within the community. Children who attend the meetings should be collected at the end of the meeting by an adult.
- Hours: Meets 7pm for the meeting between 7.45pm-10pm on the second and fourth Wednesday of the month
- Fees: Yes



Service Clubs

Camden Senior Citizens Association Inc

- Phone: 02 4655 8941
- Address: 65 John Street, Camden
- Description: Leisure group for older persons. Includes indoor sports, regular coach trips, theme dinners, fun dances, bridge and art classes.
- Hours: Monday and Thursdays 8am-1pm, Tues-Wednesday and Friday (opened at various times due to activities that are changeable)
- Eligibility: Aged 50+ years.

Camden Seniors Programs Committee

- Phone: 02 4645 5020
- Email: syd.lee@camden.nsw.gov.au
- Website: www.camden.nsw.gov.au
- Description: A committee delegated by the Council of Camden for production of social and information functions for senior citizens.
- Hours: Meets 2pm, 3rd Tuesday monthly
- Fees: No

Camden District Activity Centre/ IC Care NDIS

- Phone: 02 4654 6066
- Address: 82 Broughton Street, Camden
- Email: admin@camdendistrictcare.ngo.org.au
- Website: www.cdac.net.au
- Description: Centre Based Day activities for frail aged people in Camden on Monday, Wednesday and Friday. Activities include bingo, gentle exercise, craft, outings and indoor bowls.
- Hours: Monday - Friday, 8am - 3pm
- Eligibility: Aged 65+ years.

Camden Combined Probus Inc

- Phone: 02 4655-6161
- Address: Camden Golf Club 50 Lodges Rd Narellan 2567
- Description: Community group for retired or semi-retired people
- Hours: Meets 9.30am, 2nd Thursday monthly
- Eligibility: Retirees, Semi retirees.

Harrington Park Probus Club

- Email: info@hpp.org.au
- www.hpp.org.au/index.html
- Hours: Meets 10am, 4th Monday of the monthly, at Harrington Park Community Centre 33a Fairwater Drive Harrington Park 2567

Oran Park Probus Club

- Phone 0410 758 755
- Email: oranpark@probusclubs.com.au
- Description: Association of retired/semi-retired people who join in clubs, basic purpose of providing regular opportunities to keep their mind active, expand their interests and meet new friends
- Hours: Meets 10am, 1st Tuesday monthly at New Life Anglican Church Cnr Central Ave and Marcus Loane Way Oran Park

Narellan Probus Club

- Phone: 0429 024 039
- Email: Webmaster@narellanprobus.org.au
- Description: Association of retired/semi-retired people who join in clubs, basic purpose of providing regular opportunities to keep their mind active, expand their interests and meet new friends
- Hours: Meets 10am, 1st Friday monthly, at Narellan Child Family and Community Cen

Gregory Hills Probus Club

- Phone: 0419 556 008
- Email: gregory.hills4321@gmail.com
- <https://www.probusouthpacific.org/microsites/gregoryhills>
- Description: Association of retired/semi-retired people who join in clubs, basic purpose of providing regular opportunities to keep their mind active, expand their interests and meet new friends
- Hours: Meets 10am, 4th Friday monthly at Camden Golf Club, 50 Lodges Rd Narellan

Sherwood Hills Probus Club

- Phone: 0497 709 017
- Email: hollier1@bigpond.com.au
- <https://www.probusouthpacific.org/microsites/gledswoodhills/Welcome>
- Description: Association of retired/semi-retired people who join in clubs, basic purpose of providing regular opportunities to keep their mind active, expand their interests and meet new friends
- Hours: Meets 10am, 1st Wednesday monthly at Country Club Gledswood Hills 91 The Hermitage Way Gledswood Hills 2557

Camden Lions Club

- Phone: 0427 412 341
- Email: camdenlionsclub@yahoo.com.au
- www.camden.nsw.lions.org.au
- Description: Service Club that supports the community through charitable acts as well as participating in fund raising activities

Macarthur Lions Club

- Phone: (0402)277409
- Email: mandykeith@bigpond.com
- Description: Service Club that supports the community through charitable acts as well as participating in fund raising activities
- Meets 1st, 3rd [Tuesday@6.30pm](#) Camden RSL Club Cawdor Rd Camden

Camden Parish Over 55's Group

- Phone: (0407)162875
- Address: Heritage Hall, John Street Camden
- Description: Social group for people aged over 55 years for discussions, outings
- Hours: Meets 10am, 3rd Tuesday of each month

Harrington Park Over 55's

- Phone: 02 4648 1143
- Address: Harrington Park Community Centre, Fairwater Drive, Harrington Park
- Description: Social group for people aged over 55 years for discussions, outings, recreational activities, Theme days.
- Hours: Meets 10am, 1st Monday monthly
- Eligibility: From 55 years.

Baptist Community Services - Day Activity

- Phone: 02 4658 1040
- Website: baptistcare.org.au
- Description: Provides recreational and social activities for older people from Tuesday to Thursday. Activities include craft, guest speakers, discussion groups, gardening, outings and educational groups.
- Hours: Tuesday, Wednesday, Thursday, every week 10am - 1:30pm (lunch and transport included)

Camden Hospital Auxiliary

- Phone: 02 4655-9114
- Address: Boughton House
- Description: A chance for seniors to come together and work on craft projects. Tea and coffee provided.
- Hours: Meets 10.30am, 3rd Wednesday monthly for meeting, 2nd Wednesday monthly for craft. Please call to confirm

Art and Craft

Macarthur Spinners and Weavers

- Phone: 02 4651 2697
- Address: CWA Rooms, Cawdor Road, Camden
- Description: Social group for spinning & weaving, dyeing, felting and associated crafts. New members welcome
- Hours: Friday, 9.30am - 1pm
- Eligibility: No small children
- Fees: Contact for details
- Contact: 02 4655 1809, 02 4684 2835

Camden Country Quilters Guild Inc

- Phone: (0413)762028
- Address: CWA Rooms-Cawdor Rd Camden
- Email: boardman162@gmail.com
- Description: Social group for quilting, guest speakers, community quilting days, workshops, monthly newsletters.
- Hours: Meets monthly- call for details

Knitters Guild NSW - Macarthur Group

- Phone: 02 4651 2697
- Address: CWA Rooms, Cawdor Rd, Camden
- Description: Social group for people to learn about knitting, crochet and associated crafts
- Hours: Meets 9.30am, 2nd Monday and 4th Saturday monthly

Victoria Art Studio

- Phone: (0432)156133
- Address: 32 Broughton Street, Camden
- Description: Artist and teacher - oil painting, drawing, pastel, watercolor.
- Hours: Contact for details
- Eligibility: Aged 5+ years.
- Fees: \$20 per class (8 classes per week available)

Camden Society of Artists Inc

- Phone: 02 4655 6550
www.victoria-artstudio.com
- Address: 191 Argyle Street, Camden
- Description: Galleries, painting lessons, field days, workshops, demonstrating artists, drawing group, newsletter, craft/art/pottery/sales. Life drawing classes & limited painting classes. New members welcome.
- Hours: Varies - please contact
- Fees: Yes

Macarthur Photographic Society

- Phone: 0423 647 742
- Address: Currans Hill Community Centre, Cnr Currans Hill Drive and Tramway Drive, Currans Hill
- Email: secretarympsinc@gmail.com
- www.macarthurphotographicsociety.org.au/
- Description: Conducts photographic competitions, outings and lectures for anyone interested in photography. Promotes photography within the community. Children who attend the meetings should be collected at the end of the meeting by an adult.
- Hours: Meets 7pm for the meeting between 7.45pm-10pm on the second and fourth Wednesday of the month
- Fees: Yes

About Face Art Group

- Phone: 02 4645 5129
- Email: creative.camden@camden.nsw.gov.au
- Address: Narellan Library, Ironbark Room
- Description: Weekly special interest art group in portraiture in drawing and painting
- Hours: 1pm - 4pm- weekly Thursday
- Fees: Gold Coin donation includes afternoon tea

Community Services Groups

Lions Club Macarthur

- Phone: 0402 277 409
- Address: Camden R.S.L Club, 23 Cawdor Road, Camden
- Email: macarthurlions@hotmail.com
- Description: Fundraising for charity & local causes, local area volunteer work for needy persons, community service, local & community activity participation.
- Hours: 1st and 3rd Tuesday monthly

Lions Club of Camden

- Phone: 02 4655 1914
- Email: camlions@bigpond.net.au
- Description: Community service activities and support for community groups, health, aged, youth, and those in need.

Lions Club of Narellan

- Phone: 0414 522 552
0417 676 815
- Address: Macarthur Centre for Sustainable Living, Mount Annan
- Email: narellanlionsclub@gmail.com
- Description: Service club providing for any person or organisation with a need.

Quota International of Macarthur

- Phone: 02 4655 1992
- Website: www.facebook.com/quotainternational.macarthur
- Description: Community service group for women with emphasis in Speech & Hearing Impaired, Service to Youth & Disadvantaged. Executive changes annually.
- Hours: Meets 7pm, 2nd Monday monthly at the Centre
- Fees: Yes
- Contact: President 02 4655 1992 - Del Funnell, Secretary Susan Schroeder 02 4655 1644

Rotary Club of Camden

- Phone: 0407 914 353
- Address: Camden Sports Club, Cawdor Road, Camden
- Email: bookings@camdenrotary.org.au
- Website: www.camdenrotary.org.au
- Description: Service organisation.
- Hours: Thursday, 6.30pm



Rotary Club of Narellan

- Phone: 02 9821 2468
- Address: Harrington Grove Country Club. Forest Drive, Harrington Grove
- Email: ruthgm@bigponf
- Website: www.rotarnet.com.au
- Description: Rotary Club – fundraising and community works in SWS and Macarthur area
- Hours: Meets 6pm, Tues nights (dinner)
- Fees: Yes
- Disability Access: Yes (Ramp, Parking)

View Club Camden

- Phone: 4655-7389
- Address: Camden Civic Centre
- Description: Hot lunch, Fundraising for the Smith Family, business & social meetings, community service, seminars, conferences, interstate convention, social functions, coach tours.
- Hours: Meets 2nd Monday monthly @12pm (except January)
- Eligibility: All Women warmly welcomed

Macarthur Evening View Club

- Phone: 0459 157 448
Email: s.jankovsis@bigpond.com
- Description: Dinner, Fundraising for the Smith Family, business & social meetings, community service, seminars, conferences, interstate convention, social functions, coach tours. Meets at Camden Civic Centre on the 4th Monday evening of the month.

Camden Toastmasters

- Phone: (0431)110025
- Address: Carrington Retirement Village
- Acacia Room, 90 Werombi Road, Grasmere
- Email: webmastercamdentostmasters@gmail.com
- Description: Community group that develops communication skills, builds confidence and self-esteem.
- Hours: Meets 7.30pm, 2nd and 4th Monday monthly
- Fees: Yes

Multicultural groups

Camden International Friendship Association

- Phone: 02 4655 2065
- Address: Camden Council Meeting Rooms, Oxley Street, Camden
- Email: leemen@iprimus.com.au
- Website: www.camden.nsw.gov.au/page/cifa.
- Description: Promotes international understanding & friendship agreement with Camden Council & people of Kashiwa, Japan
- Hours: Meets 6 times a year at the Undercroft of Camden Civic Centre on Monday evenings (dates vary)



Camden Council

Phone: (02) 4654 7777

Email: mail@camden.nsw.gov.au
PO Box 183, Camden NSW 2570
70 Central Avenue, Oran Park 2570
www.camden.nsw.gov.au