

Media Release

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Seniors use chalk paint to get crafty

Residents will learn how to transform a piece of shabby furniture into a chic, new piece, in an exciting new workshop held as part of Camden Council's Seniors Festival celebrations.

Local designer and Macarthur resident, Joyce Savva, will hold the FREE two-hour 'Shabby to Sheik' workshop on **Wednesday 20 February, 10am-noon, at Narellan Library.**

"We'll be using a wooden cutting board as our piece of furniture in this workshop. We'll paint it with chalk paint, add some beautiful transfers and stencils and then apply the final finish, which seals it for complete protection," Ms Savva said.

"I hope participants will take away their new skills and enjoy this as a hobby, particularly on some old furniture they might have lying around. The chalk paint is water-based and non-toxic, so it's perfect to enjoy with children and grandchildren.

"It's so important for people to stay creative throughout life. Art keeps your mind active, it's a wonderful hobby and the end result will always make you feel like you have accomplished something beautiful."

Mayor of Camden, Cr Peter Sidgreaves, said this year's Seniors Festival theme, 'Love Your Life', encourages residents to try new things and remain active, both mentally and physically.

"We have more than 11,500 residents aged over 60 years, so it's really important we take the time to say thank you," Cr Sidgreaves said.

"Our seniors are such a special part of the Camden community and contribute to our area in so many different ways.

"This year, we're extending our Seniors Festival celebrations into March, so our seniors are inspired to connect, stay active, share skills and do things they enjoy together for longer."

Council is running more free art workshops throughout Seniors Festival, including:

- Make it a Watercolour, on Friday 15 February, 10am-noon, at Camden Library, 40 John Street, Camden; and
- Macramé for Seniors, on Friday 22 February, 10am-noon, at Oran Park Library, 72 Central Avenue, Oran Park.

For more information, to find more Seniors Festival activities and to register, visit library.camden.nsw.gov.au/bookings

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